

Effimia Reutov's Newsletter

Kachemak Selo School, February 2020



Picture: Couldn't resist this gorgeous sunset. I can't think of a name for this picture at the moment.

Greetings to all parents.

Upcoming **Dates to remember:**

February 1, HS returns from Juneau

February 15, Holy Day

February 12, Holy Day, No School for all

February 19, Early Release 12:30

February 14, Parent/Teacher conferences, No School for students

Also, please see included calendars.

Note from your school secretary:

To the parents of Kachemak Selo students,

I am seeing a lot of absences this quarter. If you know your child will not be in school please give us a call. We understand that sometimes it can be a last minute thing but we would appreciate a heads up.

Also, our school has a limited amount of funds for school supplies. If possible, please restock your child's school supplies once in a while. We are willing to help out but not on a daily basis especially if students do not respect school property.

Starting in February I will be working on having a school store where students can buy pencils, pens, erasers etc. My goal is to make it affordable as possible and at the same time make a little money for our school. I thank you for all your hard work in getting your kids to school and being prepared.

Sincerely,

Frosia Polushkin

K-Selo Secretary

(907) 235-5552

K-2 Interventions:

Still happening in the mornings. Thank you for making the effort to make sure your K-2 students are in school on time.

HS and MS Russian

HS are reading a chapter book for kids "Сибирочка". MS are reading a story "Двенадцать месяцев". The song we are singing currently is "Выйду ночью в поле с конём". I have had interested people ask me if they can come over for Russian hour to learn Russian. Everybody is welcome. Please come and join us.

History: Chapter 11, from the Book on Medieval Era.

We will be having discussions about the Crusade wars. Please stop by to listen in.

After school quilting class: As you have seen the pictures I have shared on WhatsApp, we made a pincushion to store pins during our class. We have also played with and explored the machines. We saw what they can do and are very in awe of them. Since the students haven't used a machine at all before, we also practiced straight stitching. I believe we are ready to start sewing.

Health tip:

I have heard a couple of students in class and also many people complain about itchy burning feet at night. A big thank you to the kind lady, who told me about one home remedy to try and has since then saved me from lots of terrible sleepless nights.

What is the remedy?

Before going to bed, combine equal parts of Listerine (make sure it's the Original) and hot water (as hot as you can stand it) into a container that you are planning to soak your feet in. Make sure there is enough liquid to cover your feet up to the ankle. Soak feet for 15 minutes. (I soaked mine for 1 hour). Do this every day until they stop itching (I did this for two days and was fine for a couple of months).



plus



plus



equals



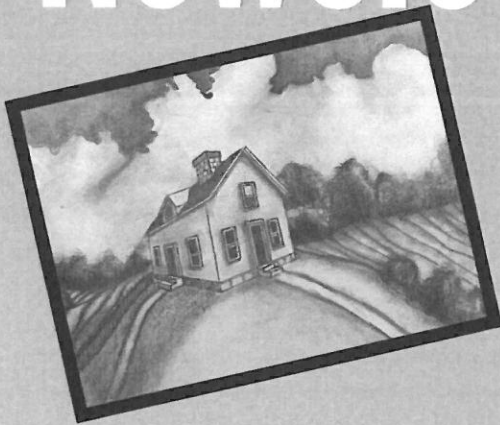
I researched for other remedies and came up with these. Notice that all have Listerine and, that, I believe (in my opinion) is the main ingredient that helps.

- Combine equal parts Listerine and warm water, with a cup of Epsom salt. Epsom salt soothes the skin and muscles and may help with the treatment of [minor skin irritation due to sunburn](#) or other minor injuries.
- Mix a ½ cup of Listerine, a ½ cup of vinegar, 1 gallon of warm water, and 2-3 tablespoons of honey. Both honey and vinegar increase the antiseptic benefits of Listerine and can help soothe sensitive skin.
- Mix 1 cup of Listerine, 1 gallon of warm water, and a few drops of lemon juice. Lemon juice is a natural antiseptic that can increase the exfoliating benefits of Listerine, offering an intense peel.
- Mix 1 cup of Listerine and 1 cup of chamomile tea with 1 gallon of warm water. The chamomile helps with calluses and dry skin.

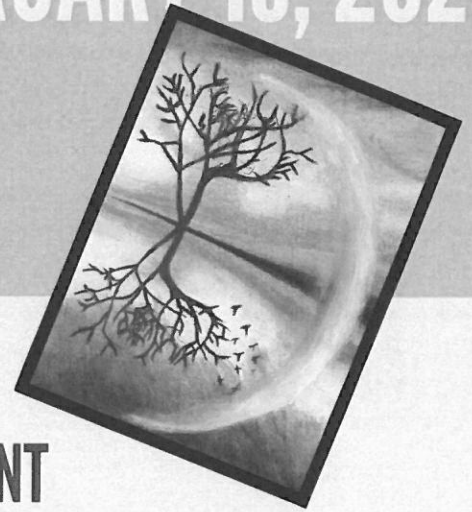
For feet to smell good and feel relaxed, try adding some lavender oil to any of these foot soak solutions.

For skin that is soft and smooth after a Listerine foot soak, try applying petroleum jelly to the feet under a pair of cotton socks. Allow the petroleum jelly to soak into the feet overnight.

Mrs. Sorensen's Newsletter



FEBRUARY 19, 2020



LANGUAGE ARTS

High school students are getting ready to start a unit on rhetoric, or how to create good arguments backed up with evidence. We continue with Membean and Greek/Latin roots as vocabulary acquisition and analyzing non fiction using Newsela, as well as grammar and literary skills with daily bell ringers. .

Middle schoolers are practicing their grammar, which will help them in their writing. we will begin a unit on Greek myths soon, and students will be writing a persuasive essay on their favorite characters. All students are either

working at their own speed in Lexia or Membean, depending on whether they need more vocabulary or reading practice.

GEOGRAPHY

High school students are taking world geography this semester. We start with North America and work our way across the world looking at such things as physical features, food production, economic development, and population density among other topics.

IMPORTANT DATES

February 14 - Parent conference

February 19 - Early release 12:30

March 6 - Early release, end of 3rd quarter

ART CORNER



Students have been learning how to use oil pastels, and will be creating a new piece to reflect their knowledge and practice.

Mr. R's Log

February 15, 2020

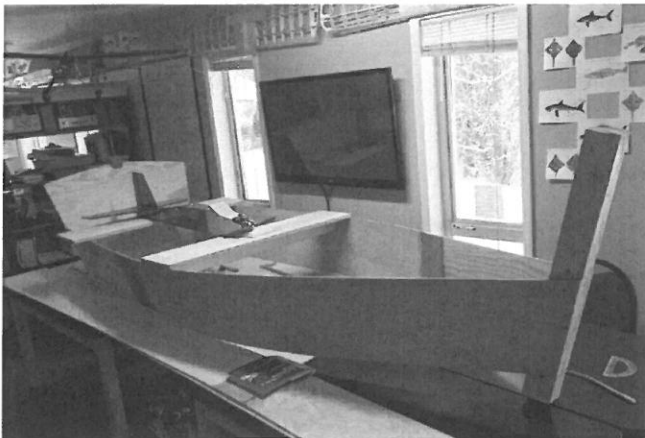
Quote of the Week:

"Have wisdom in your actions and faith in your merits."

-Yogi tea

Word of the Week:

Playas—A flat dried up lake bed in a desert (U.S), or a relaxing beach (Mexico).



Our flatiron skiff progress

In Science:

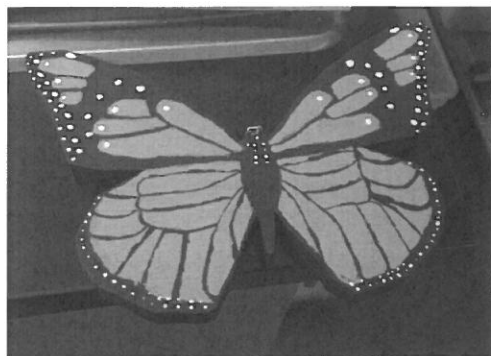
- We are studying silver salmon and steelhead habitat, and identifying probability of presence in the stream.
- We are studying major earthquakes around the globe, and learning how to communicate facts as accurately and concisely as possible, citing sources when needed.

Special Projects:

- We're still balancing our R/C planes, and practicing touch-and-gos on the street.
- Our Yamaha 9.9 outboard cooling system has been overhauled, though we are still working out some kinks in the electrical system. We may test its performance next month.
- Ice fishing will take place on March 4 at the reservoir.
- Students who are absent for more than 15 days this semester are taking credit recovery online. It's tough.

In Math:

- We are learning how to measure angles, lengths, surface area and volume, as well as how to find dimensions in a triangle.
- Students in geometry are also thinking about angles, and how to determine lengths using trigonometry.
- We are also using trigonometry to understand more clearly how we navigate on waters and in the air.



Wooden band saw art by Ulita

February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 HS students return from Juneau
2	3 K-4 swimming week NO PRESCHOOL	4 K-4 swimming NO PRESCHOOL	5 K-4 swimming NO PRESCHOOL	6 K-4 swimming NO PRESCHOOL Zoo Fundraiser	7 Zoo Fundraiser	8 Zoo Fundraiser
9	10 NO PRESCHOOL	11	12 Holy Day No school for staff and students	13	14 Parent Teacher conferences No School for students	15
16	17 NO PRESCHOOL	18 KPBSD Budget Meeting Homer ^{HS} Library @ 6pm	19 Early Release 12:30	20	21	22
23	24 NO PRESCHOOL	25	26	27 Site Council Meeting @ Voz 3:30	28	29